

# Darius Smith D.D.S., PC

IV Sedation, Extractions, Implants  
Periodontal surgery, Root Canals and Consulting

## **PRE-OP INSTRUCTIONS Conscious Sedation**

Patients who have a clear understanding and expectation level before surgery have a greater peace of mind. The following instructions and information will help you prepare yourself and ensure that your oral surgery goes smoothly.

1. You may **not** have anything to eat or drink (including water) 6 hours prior to the appointment. You should, however, take any medications that your dentist has directed you to take before your surgery with a small sip of water.
2. A responsible drive (with a vehicle) **MUST** transport you to and from your appointment. In case of an emergency, your driver **MUST REMAIN** in the waiting area at all times during the surgery.

**YOU MUST HAVE AN ADULT TO STAY WITH YOU FOR 24 HOURS AFTER SURGERY.  
YOU MUST NOT BE LEFT UNATTENDED**

3. Please wear loose fitting clothing with sleeves, which can be rolled up past the elbow and low-heeled shoes. Contact lenses (non-extended), jewelry, dentures, and nail polish must be removed.
4. Call the dental office as soon as possible if you have any of the following **“cold” or “flu”** symptoms, such as:

Stuffy nose  
Sore throat  
Cough  
Sinus drainage  
Fever

5. A parent or guardian must sign for and accompany anyone who is a minor under the age of 18 years of age.

Special Instructions:

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